

**1 Name** Our charity's name is **Freedom4girls**

**2. Charitable objects:**

**1) The prevention or relief of poverty among women and girls anywhere in the UK and worldwide by providing and assisting in the provision of sanitary products such as sustainable, washable reusable pads, moon cups or disposables where they are needed.**

**2) The advancement of education in the UK and worldwide in the subject of menstruation and sanitary protection and to promote research into the economic, social and environmental impacts of period poverty in the UK and worldwide and to make results of this research available to the public.**

**For the purposes of this clause “period poverty” means a lack of access to sanitary products due to financial constraints.**

This will involve:

- Engaging with as wide a range of stakeholders, including young people, and work with others in like-minded organisations to fulfil the purposes of the charity
- Supporting Maji Safi Projects (and other projects in keeping with the purposes) with fundraising for the freedom4girls project in Kenya.
- Supporting the setting up of donation and distribution stations in a range of locations so people can both donate or access free sanitary products
- Setting up creative sewing workshops to teach people how to make reusable, washable sanitary pads.
- Scoping and co-creating research into:
  - The causes and impacts of period poverty and lack of safe sanitary protection
  - Sustainable ways to eradicate period poverty
  - Physical, emotional health and wellbeing benefits from eradication of period poverty
- Developing and delivering effective education around menstruation, puberty and reproductive health in the UK and worldwide

**3. Trustees**

The charity shall be managed by a committee of trustees who are appointed at the Annual General Meeting (AGM) of the charity.

#### **4. Carrying out of purposes**

In order to carry out our charitable purposes, the committee of trustees has the power to:

- i) Raise funds, receive grants and donations
- ii) Apply for funds to carry out the work of the charity
- iii) Collaborate and link with and support other charities and charities with similar purposes
- iv) Do anything which is lawful and necessary to achieve the purposes

#### **5 Membership**

The organisation shall have a membership. People who support the work of the organisation and are aged 18 or over, can apply to the committee of trustees to become a member. Once accepted by the committee of trustees, membership lasts for 3 years and may be renewed. The committee of trustees shall keep an up to date membership list.

The Trustees may remove a person's membership if they believe it is in the best interests of the charity. The member has the right to be heard by the trustees before the decision is made and can be accompanied by a friend.

All participants in the Freedom4girls events will be given an opportunity to become members of the charity.

#### **6 Annual General Meeting – AGM**

- i) The AGM will be held every year, with 14 days notice given to all members telling them what is on the agenda. Minutes will be kept of the AGM
- ii) There must be at least 5 members present at the AGM
- iii) Every member has one vote
- iv) The committee of trustees shall present the annual report and accounts
- v) Any member may stand for election as a trustee
- vi) Members shall elect between 3 and 6 trustees to serve for the next year. They will retire at the AGM but may stand for re-election.

#### **7 Committee of trustees meetings**

- i) Trustees hold at least 3 meetings each year. At their first meeting after the AGM they will elect a chair, treasurer and secretary. Trustees may act by majority decision
- ii) At least 3 trustees must be present at the meeting to be able to take decisions. Minutes shall be kept for every meeting
- iii) If trustees have a conflict of interest they must declare it and leave the meeting while this matter is being discussed or decided

- iv) During the year, the trustees may appoint up to 2 additional trustees.
- v) The trustee may make reasonable additional rules to help the charity. These rules must not conflict with this constitution or the law.

## **8 Money and property**

- i) Money and property must only be used for the charity's purposes
- ii) Trustees must keep accounts. The most recent annual accounts can be seen by anybody on request
- iii) Trustees cannot receive any money or property from the charity, except to refund reasonable out of pocket expenses
- iv) Money must be held in the organisation's bank account. All cheques must be signed by 2 trustees

## **9 General meetings**

If the trustees consider it necessary to change the constitution, or wind up the charity, they must call a General Meeting so that the membership can make the decision. Trustees must also call a General Meeting if they receive a written request from the majority of members. All must be given 14 days notice and told the reason for the meeting. All decisions require a two thirds majority. Minutes must be kept.

- i) **Winding up** – any money or property remaining after payment of debts must be given to a charity with similar purposes
- ii) **Changes to the Constitution** – can be made at AGMs or General Meetings.
- iii) **General meeting** – called on written request from a majority of members
- iv) Trustees may also call a General Meeting to consult the membership

## **10 Setting up the charity**

This constitution was adopted on 1st October 2017 by the people whose names / signatures appear below. They are the first members of the charity and will be trustees until the AGM, which must be held within one year of this date:

Tina Leslie (Chair)  
Linda Shumba nee Musonza  
Claire Bastin  
Charn Kaur  
Victoria Abrahams  
Julia Pomeray  
Sheona Masterton